

*We pledge for a healthier planet
All for a save planet*

First End of Year Report

2019



CRUSADERS FOR ENVIRONMENTAL PROTECTION AND OZONE WATCH

Prepared by

Cepow Team

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WORD FROM THE PRESIDENT/CEO

This End of year 2019 CEPOW is proud of a successful and a bright future in ensuring planetary health care. Through our participatory, inclusive and collaborative actions, we continue to walk toward our vision to be a recognized leading organisation that excels in providing healthier/sustainable solutions on uprising environmental issues and ensuring the attainment of Sustainable Development goals. We build on the theory of change and work to achieve our vision through capacity building, research and responsible engagement with the local community as well the national and the international communities. In 2019, your immerse support enabled receiving international donation from Seed the Change Canada, Pollination grants and World Alliance for Planetary health. CEPOW also grew in it international collaborations. CEPOW also witnessed growth in its activities, local recognition and collaborations, funding opportunities and outreach. We were able to beginning a beat plastic pollution campaign in the Northwest Region of Cameroon

CEPOW continued during the course of the year 2019 the Eco-kids for the future program initiated in 2018, which was to peach environmental stewardship principles to children aged 6-12years in collaboration with the Pollination grants U.S.A and virtual Co-op United States. In continuous collaboration with Oipa Cameroon, a 25000 tree planting project aimed at conserving the chomba community forest has continued despite the ongoing crisis. 500trees this year have been planted in the Chomba Community Forest. Again in 2019 Cepow has had a major win and strong hold as they are currently beating plastic pollution by picking up bottles on the streets and within Communities and transforming them into local Build Materials such as Pavements, tiles, timber limber and chairs to name a few

In our mile stones in 2020, we are looking forward to sign new partnership and engagement deals with at least 10 local partners and 10 international partners. This will contribute to meeting up with the demand of our services.

While we look forward and pray for greater achievements in 2020, we will want to acknowledge and thank you on your contributions and support toward our growth.

On behave of CEPOW, I wish you the best of 2020.

Sincerely

Fontoh Desmond Abinwi F.
President/CEO, CEPOW

EXECUTIVE SUMMARY

In 2019 Crusaders for Environmental Protection and Ozone Watch (CEPOW) took as objective to contributing towards a sustainable planet by investing and promoting activities that guarantee long term sustainability in both local and global efforts. This made them pledge on ensuring Environmental protection. Further we focus on promoting capacity building which will guarantee the growth of young career aspirate. We also increased our visibility especially as we worked on extending our local partnerships by collaborating with local partners which is inclusive and participatory as it aligns with our visions and ensure consistent measures in fighting local sustainable development challenges while adapting and mitigating to Climate Change.

During the course of the year under our capacity building program we implemented activities geared towards preparing young Volunteers as regards ensuring a healthier planet, as they engage in to the local job market. This was done through training sessions, workshops and outdoor experiences/field work. Further they were drilled on proposal writing, entrepreneurship and career coaching/mentorship, conservation and environment, etc. We in the same dynamics housed 5 volunteer students and early career individuals on placement at Cepow various programs. We carried out Short training to about fundraising, field placement/data collection, data analysis, article and report writing, fundamentals in research proposal development, research planning and public speaking. We also empowered 100 youths and 200kids on Environmental Conservation and Tree Planting/Treatment and Bio-Monitoring.

Under our Climate Change Intervention program we made as goal in collaboration with Oipa Cameroon, we continued the planting of over 500trees and trained over 10 youths on Bio Monitoring, Tree Treatment and Planting. We initiated a series of research activities in the areas of climate change, agriculture, and women in development and environment-development interventions amongst others.

Cepow was and is beating plastic pollution by picking up bottles on the streets and within Communities and transforming them into local Build Materials such as Pavements, tiles, timber limber and chairs to name a few.

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PICTURES ACTIVITIES IN 2019

VOLUNTEERS AND STAFF CARRYING OUT TREE PLANTING AND ENVIRONMENTAL EDUCATION OF KIDS IN THE CHOMBA COMMUNITY FOREST.



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BEATING PLASTIC POLLUTION AND TRANSFORMATION THE NORTHWEST REGION OF CAMEROON



1. INTRODUCTION TO CEPOW

CEPOW is a registered non-profit organisation (reg. no. 004/e.29/1111/vol.8/ALPAS) with Head-Office in Bamenda, Cameroon. CEPOW is an off-spring of Obama Friends Cameroon a CIG founded in october 2008. In 2017 Obama Friends Cameroon (OFC) saw a need to engulf a wider perspective and to broaden the scope of the organization. With new ideas and expertise into the management team, a broader agenda was set for the organization and the name modified from Obama Friends Cameroon (OFC) to Crusaders for Environmental Protection and Ozone Watch (CEPOW) to meet this new agenda geared towards environmental protection. CEPOW is a membership organization. Currently, we have a membership of 17 (national and international). CEPOW is run by a board of experts and early career scientists who are motivated to lead change in their local communities and the world at large.

CEPOW builds on the theory of change. We focus on adaptation and mitigation strategies to climate change, we carryout research projects and policy engagement activities. We work in and across the areas of Climate Change, Apiculture, Capacity Building, Environment Education, Environmental Conservation, and Development Intervention, Agricultural intervention, environmental communication, women and Development. We aim at generating new thinking and practical solutions for healthier planet. Intervening in core development challenges of alleviating poverty and inequity is eminent

1. 1 CEPOW Mission

We are a non-governmental, non-political and non-profit making organization. Our goal is to build on the theory of change, through healthier/sustainable solutions on uprising environmental issues.



We focus on adaptation and mitigation strategies to climate change. We seek to contribute to a sustainable planet through climate change intervention, environmental conservation, capacity building, development intervention, women and development and collaborative research.

CEPOW upholds that through participatory and inclusive development the sustainable development goals could be

achieved.

2.1 CEPOW PROGRAMS

Capacity Building



CEPOW provides key practical training for climate change oriented activists, conservationist and practitioners with the potential to have a significant impact on sustainable development and research. In line with CEPOW's vision on guaranteeing a sustainable planet, they build on capacity building as potential tool towards ensuring that people understand their various roles. In 2019 Cepow was able to train, empower Kids, Youths and Early Career Scientist to ensure a sustainable planet.

2.2 COLLABORATIVE RESEARCH



Research is vital towards improving on scientific knowledge. It contributes to predict, describe, explain and improve knowledge on ideas and concepts through systematic approaches. We carry out research projects which cut across areas such as environment, governance, socio-economic development, food and agriculture, education and development, integrated water resource management, forests and climate change, environmental health and renewable energy. Here is the team administering questionnaires alongside focus group discussions.

2.3 ENVIRONMENTAL CONSERVATION:



Conservation-development problems are context specific and should be tackled based on the locality characteristic. Despite an increase in conservation-development research in the last decade, the key challenges of finding a balance between environmental conservation and development are still not evident. Negotiating sustainable environmental conservation and development actions require greater emphasis on diverging values and preferences for the scale of operation and actions. Environmental conservation projects most often

failed to adequately address the needs of indigenous communities relying on the concerned natural resources for livelihoods. The ability of local people to effectively cooperate within environmental conservation programs is centred on how well the programs are embedded in the sociocultural relations, politics, resource needs and uses of the local people. In this light, establishing sustainable linkages between environmental conservation and developmental actions require the consideration of local people's needs within the short and the long run. Here is the Team Showing a significant symbol of tree planting at the Chomba Community Forest.

2.4 CLIMATE CHANGE AND ENVIRONMENTAL HEALTH UNIT:



Climate change is a threat to human existence, adapting and mitigating towards uprising environmental challenges is imminent. Addressing concerns of all vulnerable groups, whose adaptive capacity are low, particularly women, elderly, physically challenged and children affected by the impacts of climate change is the priority of CEPOW. In a Bid to address these issues, in 2019 we carried out radio talks, campaigns and Action drive activities such as tree planting, Environmental Education with focus on Kids and Organisation of Workshops and training on the Fight to combat Climate Change.

2.5 DEVELOPMENT INTERVENTION,



Getting into community development is key towards improving livelihood and structural development. With the down-top approach used by CEPOW, Integrative and action-oriented development will go beyond technical fixing, recognition of the social construction of sustainable development but engaging local communities on innovative ways that will enable them to play a key role in development policies. We work with local communities to ensure change.

3.0 OUR ACTIVITIES IN 2019

3.1 Rehabilitation of the Chomba Community Forest.

Through the Support of Pollination Project and Cepow Board Team, we were able to carry out activities in the Chomba Community Forest Conservation aimed at restoring habitat and protection of the lone water catchment all been degraded over time due to pressure of Human Activities. We aim at planting 25000trees with 5000trees already planted. Further we aim at training 100youths on forest Conservation and Bio-Monitoring to Promote Environmental Conservation. We are currently putting in place a Nursery to facilitate the planting of these trees.

Here Our Objectives for the next 4 years

Overall Objectives:

- Increased forest biodiversity and ecosystem functioning
- Restored habitat for wild animals
- More active participation of the Chomba community in forest and wildlife management
- Development of enabling institutional frameworks at local, regional and national levels
- Enhancement of food security for the local forestry populations



3.2 Eco-kids for Future project aims at building the capacity of 200 Children on environmental best practices and the fight to combat climate change. This project is still on-going but has been

halted due the on-going crisis and limited Financial. Our Team aims at ensuring the success and continuity of this project

Specific objectives:

- To trigger conscious environmental behaviour of 200 children on the importance of environmental protection.
- To educate and sensitize 200 children on the role of environmental protection in their society and to create awareness on the vulnerabilities of their community towards climate change.
- To organize climate orientate boot camp with 200 children towards actions to combat climate change.
- To organize exchange visits with targeted children to national parks, botanic gardens and wildlife centers.
- To carry out the planting of 100 trees environmental friendly trees with 200 children.



3.3 Beat Plastic Pollution

- To promote,empower and ensure the recycling of post-consumer plastic waste to manufacture building materials (plastic lumber, roofing tiles and pavements

Specific Objectives

- To withdraw over 1 million kilograms of plastic in 2years from the environment and use them to manufacture plastic lumber, roofing tiles and pavements

- To empower, and ensure the training of 100 youths on the recycling of post-consumer plastic waste through the use of plastics to manufacture building materials (plastic lumber, roofing tiles and pavements)
- To promote entrepreneurship through the recycling of plastics to plastic lumber, roofing tiles and pavements and creation of 100 direct and over 500 indirect jobs hereby Alleviating poverty.

To Sensitize, engage and strengthen media discussions alongside collaboration in promoting the recycling of plastics for the production of plastic lumber to ensure ecofriendly building materials.



RESOURCES AND FINANCIAL MANAGEMENT

Revenue Control:

- All grants, donations and contributions are properly recorded in compliance with the restrictions on the use of grant funds and the principal of any endowment is strictly ensured
- All grants are made into the bank account of the organisation against a bank receipt
- Contributions are also made into the organisation's bank account against a bank receipt or to the book keeper against a cash receipt
- For funds received by way of checks, the book keeper ensures that the checks are deposited in the bank against a deposit slip on maturity date of the check(s).

Cash Control and Petty cash control:

- Cash is managed by the book keeper
- Pre numbered cash receipts and payment vouchers are used to make cash payments and receive cash respectively and are all issued with a duplicate kept
- Cash disbursements are only made upon reception of the invoice, Approved Purchase request and expense report or reimbursement request
- All cash excesses over 200,000FCFA are deposited in a bank account. Cash ceilings remain 200,000FCFA
- Cash is counted and reconciled every Friday

Bank Control:

- Bank withdrawals are carried out by two assigned signatories
- Payments by checks are clearly verified by the Finance Manager and approved by the Executive director. These checks are signed by two assigned signatories. However, payments above 500,000FCFA are approved by the Executives of the Board
- Bank accounts are reconciled monthly to ensure that differences are traced and corrected promptly

Non-Current assets control:

- An asset register is maintained and regularly updated with new acquisitions.
- Assets are coded and depreciated as per the laws in force
- Physical assets inventory are done at least twice every year

Budgetary Control:

- Budgets are prepared and put in place at the beginning of each year
- Expense approval limits are set (for example, the Executive director does not approve expenses above 500,000FCFA) and these expenses must fall within the budget
- All approved and paid expenses must have sufficient justifications just as in the case of cash and bank above.
- Budget is reviewed monthly to ensure close monitoring to avoid outrageous variances
- Careful budget analyses are done quarterly

CODE	EXPENSES	AMOUNT	CODE	INCOME	AMOUNT
	FCFA	DOLLARS =550F/\$		FCFA	DOLLARS =550F/\$
A	Personnel			Fund Raising	10390000
A1	Salaries/Allowance& wages	28944000		support from Individual	5975000
B	Tenancy	1200000		Membership contributions	2500000
C	General overheads	0		Membership Registration	1250000
C1	Water & Electricity	300000		Goods in kind	1278000
C2	Stationery, Print & Documentation	6000000		other Incomes	2352500
C3	Maintenance & Repairs of equipment's	438000		Bee farming/agricultural activities	1836000
C4	Transport & Travelling claim	3385000		Nursery (sales of trees)	5945000
C5	Postage/Telecommunication	405000		Consultancy	893000
C6	Public Relations	1250000		Support from Board of Directors and Virtual Cooperation	3830500
C7	Publicity & Promotion	4500000		RESULT (LOSSES)	20518000
C8	Rents Expenses	1600000			
C9	Legal Expenses	600000			
C10	Computer fees/expenses	250000			
C11	Meetings/Committee Expenses	320000			
C12	Education and Seminars	800000			
C13	Administrative Expenses	610000			

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C14	Humanitarian aid to IDP's, orphans and street children	4380000					
C15	Medical Expenses	800000					
C16	Training Materials	621000					
D	Depreciation/Provisions						
D1	Depreciation	365000					
		0					
	TOTAL	56768000			TOTAL	56768000	

4.0 MEET THE TEAM



Fontoh Desmond Abinwi, Executive Director: Fontoh holds an M.Sc.in Climate Change from the university of Dschang Cameroon in 2017 and a BSc. in Geography from the University of Dschang, Cameroon in 2014. His research focuses on Climate Smart Agriculture on participatory approaches to ensure best adaptive and mitigation in the agricultural sector and local development in Cameroon. He also works for some climate oriented organisations in Cameroon. He has over 8 years of experience in the field of Environment, climate change and development. His mission is to contribute to a sustainable planet through action research and developing best adaptation and mitigation strategies towards a healthier planet. He demonstrates his contributions to Climate-development debates through scientific research, and action projects.



James b. Fuller (Head of capacity building/career development): Fuller is passionate about the phenomenon of climate change and its dynamics, particularly on providing adaptation and mitigation to climate change impacts. He is senior climate scientist and a geo-engineer by profession. He has an experience of about 20 years both in climate change phenomenon/action and geo-engineering. He works for the marine service in the U.S and is the director of world alliance for climate, piloting the Green Sahara project. His main drive is promoting best climate adapting/mitigating concepts which will contribute to address the current imbalance that exist our planetary system.



Mrs Victorine Neh Fomanka is a Bsc Holder in Management and Gender studies. Her focus is providing quality managerial/ financial services to institutions. She has over 12 years' experience in management and micro credit development, Neh Fomanka career objective is to empower local and indigenous community members to be able to develop sustainable micro finance enterprises for livelihood sustainability. She is particularly interested on how environmental, financial and social sustainable can be enabled through micro credit development. She has been General Manager in leading organisation such as MBAMBACCUL Bamenda. She also has held position as coordinator of Helvetas Cameroon involved in community development



Ambe Jacob (Communication director): Mr Ambe a journalist by profession and retired former divisional delegate of communication in Menchum Cameroon, has a 35years experience in Journalism and Mass communication, he has also been chief of bureau at the Cameroon television broadcasting corporation Bamenda. He is a holder of a diploma in journalism and mass communication. He has been able to blend communication skills and environmental conservation to contribute to effective environmental protection. He is particularly interested in impacting the way in which information is transmitted between stakeholders and how this information influences policy implementation.



Bilem Coretta holds a diploma/BSc in Human Resource Management. Head of women and development unit. She has a 3 year experience of working in human and resource/women and development. She began her career in the field of human resource but became more interested in women development interventions. She now blends human resource education and women development activities to contribute to gender equality. She currently is carrying out a diploma program on gender studies in the drive to contribute to the sustainable agenda.



Mr Ngwa Derick SHU (Head of Development intervention department): Derrick is and ENS graduate in modern letters, teacher by profession. In his drive to give back to humanity, he got development intervention and project design, wherein he obtained certification from the Peace Corps Cameroon. He has more than 6 years' experience in community development intervention engaging in projects organised by SIRDEP and Peace Corps Cameroon. He has remarkable contributions to capacity building of young Cameroonians through his teaching career.

PARTNERS AND SUPPORTERS



THE TONY ELUMELU
FOUNDATION

GlobalGiving

- **Ministry of Agricultural and Rural Development (MINADER), Cameroon**
- **Ministry of Environment, Nature Protection and Sustainable Development (MINEPDED), Cameroon**
- **Virtual Cooperation USA**
- **Pollination Project USA**
- **Seed the Change Canada**
- **Global Giving**

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